

"I LOVE YOU!"

HAPPY VALENTINES DAY!

A look into
Chinese New Year

2010: Year of the Tiger

**rachel's
red velvet cake**
recipe inside

The Life Story of:
Big Mike

by Katie Oster



VOLUME 52, ISSUE 5

anonymous
Love Poems

"Dear Jed"

"Where is the Love"

"Stay Away"

The Tragic Love Story of
St. Valentine

IMMANUEL LUTHERAN
HIGH SCHOOL, COLLEGE & SEMINARY

THE FLASH

Volume 52, Issue 5

Who Was Saint Valentine? By Hannah Hulke

In early February, millions of Valentines are sent back and forth between friends and family. But have you ever wondered how Valentine’s Day got started? Well, would you believe that legend is the main basis for Valentine’s Day?

One legend tells us that Saint Valentine was a priest who served in Rome. The emperor in Rome said that young men couldn’t have lovers because, in his opinion, having a wife and children was a distraction. Saint Valentine continued performing marriage ceremonies in secret until he was caught and arrested. He was then ordered to be put to death.

While in prison, Valentine sent the first “valentine greeting” himself, to the jailer’s daughter. She would occasionally visit him in prison, and Valentine eventually fell in love. Right before he died, he sent the girl a card signed “From your Valentine.” The day of February 14th was chosen because it was the day that Valentine was buried.

Whether or not this story’s true, it’s still a nice story, right? So now you know a little bit more about why we celebrate love on February 14.



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Dear Jed . . . By Carrie Bob



When we were little
 You told me that I was your angel
 Love is what we don't know
 When time went by
 We grew up
 The games we used to play
 The jokes we used to laugh at
 You changed my life
 One time
 I asked you how long is forever
 You said: "It's the time I will remember you."
 I cried and hugged you
 You said: "Little fool. I love you..."
 I will remember you until the day you forget me, then I
 will leave you, no matter how hard it will be...
 Because sometimes to give up the love not belonging to
 you is the best way to go. Although it hurt the most
 A voice from my heart said so
 You're my sky,
 You're my sunshine
 I thought we would live happily ever after...

Until the day she showed up
 You left me without a word
 Everyone is waiting for my act
 Thanks to you
 I smiled a lot
 But when I am smiling
 My heart becomes sick
 I hate myself like that
 Sadness could find me no matter how well I hide
 The letter you left in my locker
 I only can remember one word
 Sister
 You meant so much to me
 I am only a sister
 Sometimes people were trying to be nice, but things
 just kept getting worse
 The day I saw you guys holding hands, the day I
 saw you guys kiss
 It's time to leave
 It's time to cease
 Because I no longer live in your heart
 But for my heart, it's too small... You meant all

Beautiful

Anonymous

You are beautiful my dear,
 I am forever under your spell,
 will this never end, I fear?

 I may just love you, but
 only this day perhaps.
 This idea is fine,
 will you not be my Valentine?



**B
U
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T**

Loved I am by most
 hated by few.
 I'll tell you no lies, but
 perhaps of truth.
 I'll make you laugh,
 one way or another,
 but please don't
 be a hater brotha.
 Hey, but watch your feet
 and have a love filled day,
 happy and sweet!
 —By Bukket

Anguished English Prof



By Prof. Lau

Pardon the rant.

It is probably in 1st or 2nd grade that most students are introduced to proper nouns. Most ILHS students can recite the definition they learned: “A proper noun is a noun that names a specific person, place, or thing.” In contrast to a common noun, a proper noun is capitalized. Pretty basic, right? My guess is that most of you mastered this concept in grade school and were able to demonstrate your knowledge on countless worksheets devoted to the topic on an annual basis.

What has happened? In recent years, I am stunned and disappointed in the number of papers I receive in which proper nouns and proper adjectives (adjectives built on proper nouns) are not capitalized.

Never has such carelessness of people’s names, cities, and countries been so obvious. “napoleon was willing to sell the louisiana territory to jefferson after the fall of haiti.” “the spanish inquisition was supported by the catholic church contrary to bible teaching.” “columbus opened the door for further exploration of america by europeans, often to the demise of the local indians.” The preceding quotations are typical of those I routinely see on history tests.

My theory regarding the lack of proper noun usage by current students of ILC is that “texting” and “instant messaging” have been the driving force behind the change. When the goal is speed, who wants to use that pinky finger to depress the “shift” key on your keyboard? As we get used to seeing words not capitalized routinely, we begin to get lazy in our more formal writing and take shortcuts whenever possible.

Perhaps I should hang up an alphabet chart above the whiteboard for quick reference for our students as was available in grade school. I suppose it would go unused, however, because the effort to lift one’s head that high might prove problematic.

Until you become as famous as e.e. cummings, why not return to “Old School” capitalization?

Hey Girl!

Anonymous

Hey girl what’s the rush?
 Today you are lookin’ fine,
 O come on now, don’t you blush!
 O please you know its true.
 Of course! I’d never lie to you!
 Wow girl you are divine! Please,
 will you be my Valentine?



Senior Spotlight: Ryan Augustin

By Abby Sydow and Sarah Tester

Abby: When and where were you born?

Ryan: I was born on October 9th, 1991 in Albuquerque, New Mexico.

A : Where did you grow up?

R: For the majority, Eagan, MN.

A: What are your plans for after high school?

R: I'm planning to go to college at St. Thomas in St. Paul for pre-med.

A: You have two cats, right?

R: The big fat one died.

A: Dude, I didn't know that!

S: Coco?

R: (laughs) Yeah, he was fat and fluffy and had arthritis. And then, my sister took Denis with her to college, so we are cat-less right now. Not a bad thing, definitely less fur on the couches.

A: So you are obviously very talented at music. How long have you been playing?

R: Well, actually, I started taking piano lessons in kindergarten, but I quit in first grade because I thought it was really hard and I didn't like it at all. Then I started again in second grade and practiced a lot. My mom was my teacher up to high school. The weird thing was that Andy and Nate were better at piano than I was in second and third grade.

A: Do you have a role model?

R: I know this sounds overdone, but I would have to say my parents. Each of them were given different gifts, and I was fortunate to learn many things from both of them.

A: Do you have any hobbies?

R: I actually really like to cook, if you could imagine that.

A: Any words of wisdom for us?

R: Take advantage of all the opportunities you are presented with at ILC. From sports and music, to school and tons of other activities. Your high school experience won't be complete without getting involved.



. . . Senior Spotlight continued from pg. 6

Ryan's Favorites

Color: Purple

Sport: Cross country and basketball

ILC Meal: Lasagna

Home Meal: Mom's Roast Chicken

Class: Calculus with Prof. Schierenbeck; it's interesting

Bible Passage: Proverbs 3:5-6: *Trust in the Lord with all your heart, and lean not on your own understanding. In all your ways acknowledge Him, and He shall direct your paths.*

Profs: Schierenbeck, Reim, and Roehl.

Work hard, have some fun, and keep everything in perspective.

A: So Kurt, Ryan seems pretty mellow and not wild. Dose he act any different in the dorm?

Kurt: I would love to say that Ryan is rowdy and uncontrollable in the dorm...but that would be a lie.

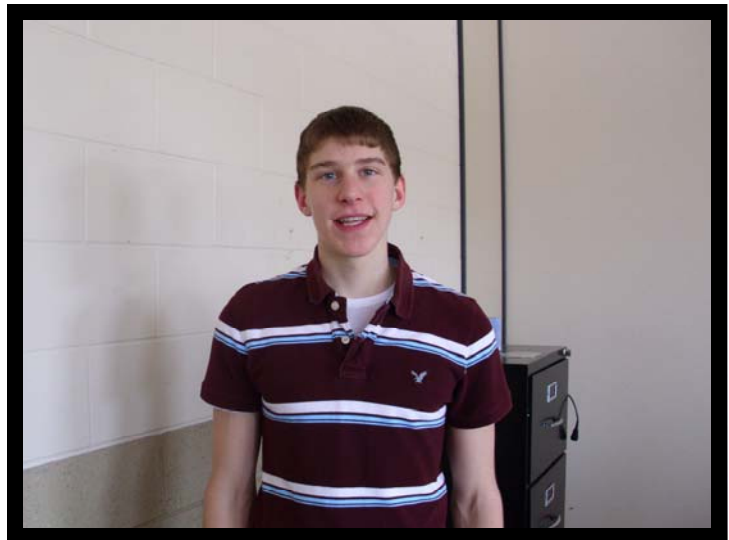
Where do you see Ryan in ten years?

Nate Rehm: "Ryan will have a family with three of his four kids driving them around in his BMW which he bought while in Germany. He will be running his own private doctors clinic while running for a seat in the Senate."

Melanie Hallstein: "In ten years, I know exactly who Ryan will be! He'll be married to the perfect girl, have a nice house in Minnesota. He'll still go to Berea and coach the basketball team where his three kids will excel. He'll be a great dad, husband...and he'll play music for his kids when they go to sleep! He never changes - he'll always be as I know him now."

David Rehm: "Ryan will be CEO of a multi-million dollar engineering company. He will have two perfect children who are as talented at music as he is. He and his wife will both drive expensive BMW's. Although he has a rich lifestyle, he will live in a quiet suburb where he can relax and jump on his trampoline."

Sam Rodebaugh: "In ten years, Ryan will probably almost have his degree in anesthesiology or brain surgery. In his off time, he will be a Hilary Clinton groupie, following her on her campaign trails."



Where is the Love?

By Anonymous

I've heard it said, where is the love?
 I've often wondered this myself
 Love true and perfect is from above
 But that is never attained without belief.

So what to do about the missing love
 Sure there's good will, symbolized by a dove
 There's the dream of happily ever after
 That seems to end in constant disaster.

So now you're lost, nowhere to go
 You're fighting to go against the flow.
 You don't wanna worry 'bout love gone wrong
 You wanna find a love that's strong.

Look up and down, just look around
 Look in that book that's in your hand
 That's right, now turn to John 3:16
 That's true love to the extreme!

Everywhere else in there you see
 The death of the pure sinless lamb
 Look it up, you will be free
 Thanks to Him, eternal life is at hand.

Here is the love, It's always been here
 Arriving in time to silence all fear.
 God is here to bring you cheer
 Even when you are alone, shedding a tear.



Stay Away



By Carrie Bob

Stay away from whom you like
 Because that way you wouldn't get hurt

If he didn't react

If I stay away from him it's my choice
 Then, I don't need to worry about the
 stupid little things I did when you're
 around

What if you have another "her" in
 mind

I don't want to put myself in a position
 that can't easily hide

We are so different

We don't have the same friends

We don't have the same interests?

The worst thing is we don't even talk

Nothing is impossible

But my love for you is nothing

Then there is no possible way for
 us...

This poem is important for two of

????????????

By Heinstein



You'll know this senior by her love of Indiana Jones and Star Trek. You will see her around campus sporting a Winnie the Pooh backpack and a leopard print coat, and some form of purple clothing on her body. Just who is this senior? That is exactly what we are working to discover. . .

H: So, where were you born?

?: Oakes, North Dakota

H: How many siblings do you have?

?: 4; 3 boys, and a girl.



H: Just as a guesstimate, how many purple clothing items do you own?

?: Twelve, probably.

H: Who do you think is your favorite person to creep?

?: Any and all guys.

H: Just for clarification, how tall are you?

?: 5 feet tall and a quarter of an inch. I'm the shortest person on campus, I believe.

H: Any funny stories to share?

?: One time, Kat and I were watching The Mummy down in the dorm lounge, but we only watched half of it. When the mummy kissed people and made them deteriorate, I was giggling hysterically on the couch. Then we came upstairs with only like five minutes until bed. I was running around the room singing "Imhotep." Then when it was bedtime, Kat lunged at me and I couldn't fall asleep 'cause I was too scared.

H: How long did you have braces?

?: 14 months and two weeks.

Continued on page 10 . . .

H:What makes you so heartless toward other creatures of your kind?

?: It must've been my upbringing. At home, I'm sheltered and I'm not allowed to be violent. (At this point in the interview, the unnamed senior stands and shakes it all over the floor.) I'm not allowed to do that either.

H:How long have you taken piano? Flute?

?: I've been taking piano since I was 7, and flute for 6 years.

H:What are your plans for the future?

?: Realistically? I want to get into crime enforcement and lab, like in CSI. And in my dreams I want to meet Harrison Ford. That would be awesome. I'd also like to go to South America and get kidnapped by drug lords and be rescued by Indiana Jones.

Favorites ???

Prof: Kranz

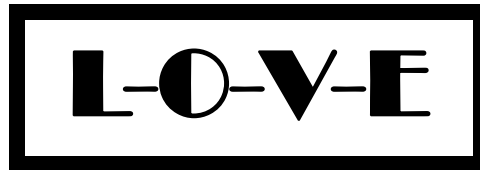
Food: don't really have any. (H: half-portions)

Animal: um, I should say something really bizarre.
. .oh! Those big killer ants in South America

Color: dark purple

TV show: 24, Star Trek, Young Indiana Jones, Dr. Who, CSI

Book: I've read 150 Hardy Boys books in a row



Compiled by Leah Fleischer

You probably know what this playlist is about. That's right, love is in the air. These are the best love songs from the cheesy to the heartfelt. Enjoy! ;)

More Than a Feeling - Boston

I Want You To Want Me (live)- Cheap Trick

More Than Love - Los Lonely Boys

I Believe in a Thing Called Love - The Darkness

My Madonna - Dexter Freebish

She Will Be Loved - Maroon 5

You and Me - Plain White Tees

Every Breath You Take - The Police

A Thousand Miles - Vanessa Carlton

Check Yes, Juliet - We the Kings

Hold Me - Weezer

Just What I Needed - The Cars

Kiss Me - New Found Glory

Yellow - Coldplay

Last Kiss - Pearl Jam

Rush - Ferras

For You I Will - Teddy Geiger

I Wanna Hold Your Hand - The Beatles

Grow Old With You - Adam Sandler

Accidentally In Love - The Counting Crows

First Day of My Life - Bright Eyes

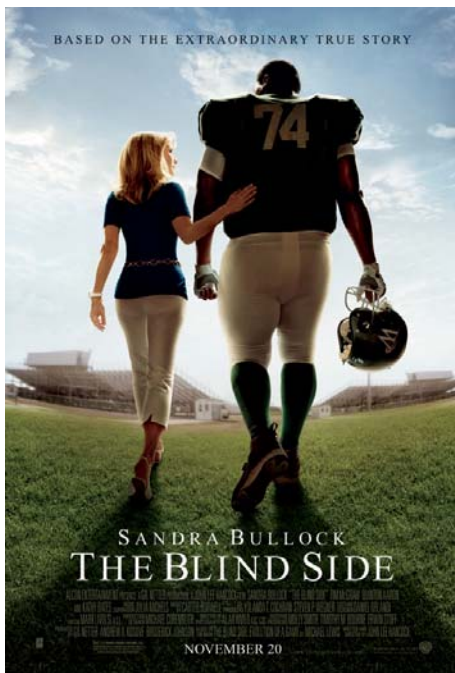
I'd Rather Be With You - Joshua Radin

By Katie Oster

The Life of Big Mike

Christmas break happens to be one of those times where you often find yourself with nothing better to do than watch a movie. I know I did my fair share of this over this past break. But thinking back to everything that I watched there is one thing that stands out in my mind above all the rest.

It begins with taking a look into Big Mike's life. It has not been an easy road for Mike. He has had a troubled youth, with some very painful memories of being torn away from his drug-addict mother at a very young age. Even since then, he has run away from any type of foster care and the majority of the time he ends up living on the streets, fending for himself. Throughout his life he had become used to others looking down on him, judging him. If only they had known what all he had been through.



Then one day an unexpected smiling face caught Big Mike off guard. That little smiling face of eight year old SJ Tuohy was about to change Mike's life. The Tuohy family ended up taking Big Mike into their home and with time he became part of their family. Not only did the Tuohy family change Michael's life but he in turn changed theirs. Sandra Bullock played the character of Leigh Anne Tuohy the mother of the family. She was phenomenal; her character not only had a heart of gold, but she also was a spitfire woman who stood up for what she believed in.

There were some very powerful moments in this film. One that really impacted me was when Michael first came into the Tuohy home, Mrs. Tuohy showed him into the guest bedroom which would be his for the time being. When she told him it was his he replied saying that he never had one before. Mrs. Touhy assumed he had meant a room to himself. But then Michael corrected her by saying, "...A bed." Wow, that really makes you think. Next time you complain about having to make your bed, say a little prayer thanking God for giving you a bed, a warm house to live in, and so much more. This movie was not only touching but it was also hilarious and had football in it.

What amazed me most about this movie was that it is a true story. While the credits were rolling at the end, pictures of the real people the movie was based on were shown. It was amazing how much the actors portrayed their characters; you could hardly tell the difference! There really are people out there like Michael, so much less fortunate than ourselves. This movie was truly inspirational. It is an **absolute must see**. Its not a sappy drama, but rather a real inspirational life story of Michael Oher, who now is a left tackle for the Baltimore Ravens.

Rachel's Ridiculous Recipes

Valentine's Day... whether you celebrate this "holiday" or not, you should definitely check out these recipes. Of course these recipes are going to incorporate the traditional colors of Valentine's Day. Again, these are some of my favorites and would rate them a 10. Also, I am open to putting any recipe suggestions from you guys in the column!

Rachel's Red Velvet Cake with Cream Cheese

Ingredients

Vegetable oil for the pans
2 1/2 cups all-purpose flour
1 1/2 cups sugar
1 teaspoon baking soda
1 teaspoon fine salt
1 teaspoon cocoa powder
1 1/2 cups vegetable oil
1 cup buttermilk, at room temperature
2 large eggs, at room temperature
2 tablespoons red food coloring (1 ounce)
1 teaspoon white distilled vinegar
1 teaspoon vanilla extract
Cream Cheese Frosting, recipe follows

Directions

Preheat the oven to 350 degrees F. Lightly oil and flour 3 (9 by 1 1/2-inch round) cake pans.

In a large bowl, sift together the flour, sugar, baking soda, salt, and cocoa powder. In another large bowl, whisk together the oil, buttermilk, eggs, food coloring, vinegar, and vanilla.

Using a standing mixer, mix the dry ingredients into the wet ingredients until just combined and a smooth batter is formed.

Divide the cake batter evenly among the prepared cake pans. Place the pans in the oven evenly spaced apart. Bake, rotating the pans halfway through the cooking, until the cake pulls away from the side of the pans, and a toothpick inserted in the center of the cakes comes out clean, about 30 minutes.

Remove the cakes from the oven and run a knife around the edges to loosen them from the sides of the pans. One at a time, invert the cakes onto a plate and then re-invert them onto a cooling rack, rounded-sides up. Let cool completely.

Frost the cake. Place 1 layer, rounded-side down, in the middle of a rotating cake stand. Using a palette knife or offset spatula spread some of the cream cheese frosting over the top of the cake. (Spread enough frosting to make a 1/4 to 1/2-inch layer.) Carefully set another layer on top, rounded-side down, and repeat. Top with the remaining layer and cover the entire cake with the remaining frosting.



. . . Rachel's Recipes continued from last page

Cream Cheese Frosting

1 pound cream cheese, softened
 4 cups sifted confectioners' sugar
 2 sticks unsalted butter (1 cup), softened
 1 teaspoon vanilla extract

In a standing mixer fitted with the paddle attachment, or with a hand-held electric mixer in a large bowl, mix the cream cheese, sugar, and butter on low speed until incorporated. Increase the speed to high, and mix until light and fluffy, about 5 minutes. (Occasionally turn the mixer off, and scrape the down the sides of the bowl with a rubber spatula.)

Reduce the speed of the mixer to low. Add the vanilla, raise the speed to high and mix briefly until fluffy (scrape down the bowl occasionally). Store in the refrigerator until somewhat stiff, before using. May be stored in the refrigerator for 3 days.

Pink Lemonade Spritzer



Ingredients

4 tablespoons pink lemonade mix,
 (Recommended: Country Time)
 1 1/2 cups pineapple juice
 1 (12-ounce) can lemon-lime flavored carbon-

Directions

In a large pitcher, combine lemonade mix and pineapple juice, stir well. Add lemon-lime beverage, stir well.

Divide ice between 6 glasses. Pour lemonade over top. Serve immediately.

Traditional New Year's Day In China



By Yan Yi He

2010 is the Chinese year of tiger. We have 12 animals for a cycle. They're rat, ox, tiger, rabbit, dragon, snake, horse, sheep, monkey, rooster, dog and pig. I am a monkey by the way. You might say why this article is in the Valentine's Day issue since new year was a month ago. Actually, it's because we call our New Year Spring Festival. The date of Spring Festival depends on an ancient traditional calendar. And this year it is the same as Valentine's Day. During this time family would all gather together and celebrate. Students would have a break similar to Christmas break. Thanks to this special calendar, some families would celebrate birthdays twice a year for one person. But the old calendar would always change date, so each year we need to check to see which day it is. Hope everybody enjoy the times with their loved ones. We could make every day a Valentine's Day.

Senior Spotlight: Gretchen Eichstadt

By Emily
Tester and
Rachel
Mackensen



What are your plans for after high school?

I'll be going to college at either UW-Eau Claire or UW-Milwaukee. Right now my plan is to get an undergrad degree in history-the first step to getting a master's degree, so I can be a museum curator. However, I'd also love to be a pilot, so that might come into play sometime, too.

Any advice for younger students?

This probably sounds really cliché, but make the most of your time here. It might not seem like it at first, but it goes by really fast, and all of a sudden you're a senior.

What are some of your hobbies?

Hanging out with my friends, reading (when we're not loaded down with homework), watching movies, running, cooking, listening to music, playing piano. Yeah, that's probably about it. . .

When and where were you born?

In Phoenix, Arizona on January 15, 1992.

What were your favorite ILC memories?

Well, going to the stone cliffs junior year was really fun, and also making our Scarlet Letter movie that year. Night study halls with Emily T and Naomi have always been hilarious. . .especially when Naomi called the Dawson McCalister hope line. . .lol

Do you have any embarrassing or funny things that you did or that happened to you at ILC?

Oh yeah. I'm sure there's lots. Well, apparently I winked at Prof. Lau all the time during freshman and sophomore year classes, but really I didn't! Also, during the first week of freshman year, I shoved Emily T down the hill from the girls dorm to the commons in a plastic toy trike thing. We weren't really even friends yet, lol. So there are a couple things. . .

. . . Senior Spotlight continued from page 14

What will you miss most after high school?

Definitely all my friends. I'm really bad at making new friends, so I probably won't have any in college. Lol! Also living in the dorm. . .it's pretty fun most of the time.

Where will you see Gretchen in ten years?

Sam Rodebaugh: In 10 years, Gretchen will be living way up in the mountains with Carl, raising a tribe of 7ft, blond hair, blue eyed offspring.

Carl Reim: Gretchen will be flying planes for some airline, while raising 5 blond-haired girls to play her favorite instrument, the flute.

Gretchen's Favorites

ILC food: interesting things that Alana makes on 3-day weekends, and Melanie's breakfast fruit pizza!

Movie: Slumdog Millionaire

Prof: Lau or Roehl

Sport: cross country

Class: English 9 and music awareness sophomore year

Band: I have three—Jack's Mannequin, Shiny Toy Guns, and Coldplay

Bible Passage: Ephesians 6:10-11

GUY'S Favorite Chick Flicks

By Miriam Bernthal and Jessica Schaller

With Valentines Day just around the corner, thoughts of candy, hearts, love, and well, many sweet things come to mind. One of those things just might be romantic movies, or as some are referred to as, "chick flicks."

Now, of course, we could have asked some of the lovely ladies of Immanuel what some of their favorite chick flicks are, but instead, Miriam and I decided that it would be fun, and certainly interesting, to challenge some of the men of ILC to get in touch with their feminine side, and whip out some of their favorite love stories... Here are a few.

-How to Lose a Guy in 10 Days - 4 votes
 -10 Things I Hate About You - 3 votes
 -John Tucker Must Die -3 votes
 -A Walk to Remember -2 votes
 -Time Travelers Wife -2 votes
 -Twilight! -1 vote
 -Legally Blonde -1 vote
 -The New Guy -1 vote

-The Break Up -1 vote
 -Snow Falling on Cedars -Prof. Lau
 -The Notebook -Kurt
And of course, there are always some least favs...
 -Twilight -almost every guy in the school
 -Mama Mia -2 votes
 -Serendipity

FLASH Editorial

By Christina Hein



I've never really liked Valentine's Day. Sure, the flowers and candy are nice, and the stuff guys do for their girlfriends is cute, but the whole day has never really been my favorite. I guess my reasoning behind it is that it's one of the only days of the year that some people express their love for others. I'm not just talking romantic and friendship love. . . there's Christian love, too. We really should be showing *everyone* around us that we care about them *every* day of the year. I'm not trying to discourage anything about Valentine's Day; I still think it's fun. The other day I was talking with Kurt Koenig about writing something for our Valentine's issue, and he told me he prefers to call it "February 14th's Day." This comment made me think; I know I took it differently than he meant it, but it made me think about how every day should be like that, when we show love to everyone in our lives with our words and our actions. Just because some guys over in Europe decided to make love a national holiday doesn't mean every day isn't like Valentine's Day, filled with nice words and thoughtful actions to all our fellow Christians. So anyway, have fun this Valentine's Day, but don't forget to love the other 364 days of the year!

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