

WEDNESDAY NOVEMBER 26,
2008



The Flash!

Immanuel Lutheran High School, College and Seminary

GIRLS' FLAG FOOTBALL

By: Sam Rodebaugh and Andy Sydow

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The players line up on the field, poised for the snap. The quarterback calls hike and drops back to pass the ball. Suddenly, the quarterback is blind-sided by a lineman. The ball is loose! For a reason unknown to the observers, all of the players stand huddled around the quarterback. The football is only feet away, but no one seems to realize it. As it turns out, the quarterback has broken a fingernail. This is...Girls' Flag Football. One of the most anticipated and highly touted events of the fall season has been the "Powder Bowl." (The girls' flag football game has been dubbed as such by our own Don Skinner.) Let me recap the game for you. It was a brisk, fall day with bleachers full of fans and cynics (Andy Sydow). If you were fortunate enough to see the first couple of minutes of the

game, you would have witnessed the one highlight produced from the exhibition. This was an interception returned for a touchdown by Naomi Bernthal. The rest of the game was not uneventful, however. Bombs were aired out with lengths spanning at least five yards, and a couple of running plays even went for positive yardage. Do not think, however, that this was solely an offensively dominated game. Defenses on both teams left the opposing offenses bewildered. Defensive formations consisting of two or three cornerbacks and nine defensive linewomen constantly put pressure on the quarterbacks. Players such as Gretchen Eichstadt and Emily Tester crashed

through the offensive lines with a ferocity that left the offenses distraught. While there were many other players on the field at one time, only two players made a great impact on the game. They were the Bernthal sisters, Naomi and Hannah. If the ball did not hit the ground, you could rest assured that a Bernthal girl was involved or maybe even a Zoe Sippert here and there. After this long, vicious battle, there was no clear-cut winner. The final score was 6-6. It ended in a tie. It was a fantastical ending to an emotional and dramatic game. It was an epic display of girls' flag football at its finest.



IT'S BEGINNING TO LOOK A LOT LIKE CHRISTMAS

By: Jenny Squires
The date was July fifth, 2008. I entered the doors of Target and the first thing I saw immediately put a sinking feeling in my stomach-back to school supplies were for sale already! I thought to myself that this was way too early to even be thinking about the next school year, let alone to start buying

school supplies. I thought that it was pretty bad to be selling school supplies that early in the summer but later in the year I realized it was just the pattern of things in stores lately. Halloween costumes and decorations replaced the school supplies in mid September. However, I'm not going to complain that Christmas is coming even earlier in the stores

THE FLASH!

this year. It seems like usually Christmas decorations don't appear in stores until right before or right after Thanksgiving, but this year November first was the day. (Some stores made their Christmas debut even earlier) I'll admit that it seems a little odd that the recently reduced price Hannah Montana costume is hanging near the Christmas wreaths and ornaments, but I have to admit that I share in these stores' anticipation for Christmas. As soon as the biting chill hits the air, flurries are in the forecast, and I hear the first Christmas song play on the radio I can't help but start my countdown to Christmas way too early. However, I hope that Christmas merchandise doesn't hit the shelves any earlier than November because that's just too soon. The weather anytime before that is far from frightful. So this time of year I can't help but get the urge to watch Christmas movies, bake cookies, and stop off at Starbucks for one of their seasonal beverages, but that's just me.

"I can't help but start my countdown to Christmas way too early."

2008 IMMANUEL FOOTBALL

By: Don Skinner The 2008 Immanuel football season came to the end on Wednesday, October 29th with two games. The Powder Bowl had eighteen ladies out for the game. The game ended with the red and yellow teams in a tie score 6-6. Season champions and the All-Star game followed with the All-Stars winning for the third win in a row 20-6. Overall standings for the Champions vs. All-Stars is nineteen wins for the champions and five wins for the All-Stars. The season champions: Razors, 10-2, Sharks, 8-4, Bears, 5-7, Hawks, 0-12. 51 players were divided among the four teams. Nineteen players were rookies.

2008 Football Awards

- *Best Offensive Team- Razors, 236 points, 19.7 average per game
- *Best Defensive Team-Razors, 104 points, 8.7 average per game
- *Most Interceptions- Luke Schaser, 20
- *Most Sacks- Jacob Schaller, 24
- *Most Points Scored- Tom Naumann, 122
- *Rookie of the Year- Andy Roehl
- *Lineman of the Year- Louie Decise
- *Play of the Year- Luke Schaser
- *Defensive Player of the Year- Jacob Schaller
- *Most Valuable Player of the Year- Luke Schaser
- *Flag Retirement- Eric Nelson, 8 years

A big thank you to all the players who came out (from Brett Bailey, Tom Skinner, and Don Skinner.) We enjoyed the season. We hope you did too. A thank you to all the fans that attended the games, and of course to Queen Barb, the Powder Bowl queen. "Long live the queen." Hurrah, hurrah.

**SENIOR SPOTLIGHT: TYLER ROSS LOUDERMAN**

By: Christina Hein

Christina Hein: Where were you born and raised?

Tyler Louderman: Raised in Schaumburg, a suburb of Chicago. I've lived there for almost twelve years now.

CH: Any plans for after high school?

TL: Take a year off to work, then go back to school.

CH: What's your favorite memory from the last few years up here?

TL: I got one word: pumpkins.

CH: What will you take away from your time here?

TL: All my friends, and just leaving will be hard.

CH: What do you like to do in your free time here? I hardly ever see you around...

TL: Well I'm either hanging with my friends, listening to music or shooting hoops. Unless it's baseball season, then I'm playing catch.

CH: If you were able to have any superpower, what would it be and why?

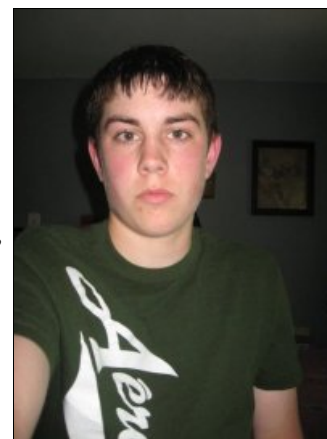
TL: I would want to be able to fly cause it would be cool, or be super smart, because then I would become super rich.

CH: What is your favorite thing about this school?

TL: Being away from your parents sort of gives you an adult perspective on life. It's nice.

CH: Any words of wisdom?

TL: Stay out of trouble and stay strong in God, He will lead you to where you need to be.

**Tyler's Favorites**

Full Name: Tyler Ross Louderman

Song: "Apologize"- One Republic and Timbaland

Movie: Well so far *The Dark Knight*

Food: Steak

Class: Art

Prof: Lau

Bible passage: Psalm 27:1

Hymn: 451- "Stand Up, Stand Up for Jesus"

Colors: Blue and silver

Animal: Monkey

Car: Lamborghini, Audi R8, Nissan 350Z, Ferrari Enzo, Dodge Viper, Escalade, Lincoln Navigator, Range Rover, Shelby Mustang, Pontiac GTO, 2009

SENIOR SPOTLIGHT: KELSEY CHRISTINE ALBRECHT

By: Megan Schierenbeck



Megan Schierenbeck: What is your hometown and what is your favorite thing about it?

Kelsey Albrecht: Muskego, Wisconsin, and the Waukesha/Milwaukee County area is close. Milwaukee is awesome because downtown is where the Milwaukee Art Museum is (which my dad helped build) and there's Miller Park, where the Brewers play. Summerfest is held downtown which ROCKS and it is right by Lake Michigan.

MS: What is your favorite TV show and why?

KA: THE OFFICE! I love the witty humor, it's hilarious. I like Dwight, Michael, Pam, Jim (I love Jim), and Andy's pretty funny. I love everything about The Office and I wouldn't change anything about it. I could watch it a hundred times and it would still make me laugh.

MS: If your room were on fire and you could save only one thing, what would it be?

KA: After much contemplation, I would say my pair of Silver jeans, because they are really expensive and I bribed my mom into buying them for me so I'd feel terrible if I lost them. Also they are my favorite jeans and they are super-dee-duper comfortable.

MS: What are your plans for next year?

KA: I think I'm going to go to a technical college for two years (probably MATC) and I'll live at home. I want to be a pediatric nurse, so after the tech I'll probably go to UW-Milwaukee.

And I'm going to enjoy my baby brother Owen and other family.

MS: If you were on a desert island with unlimited food, water, and reading material, how soon would you want to be rescued?

KA: A good month, but after that I'd be real lonely and want to get back to society.

MS: What is one meal you wish you could put on the ILC menu?

KA: Sweet and sour pork with rice and homemade egg rolls, with a dessert of apple pie.

MS: Which holiday do you think is better, Halloween or Thanksgiving?

KA: Thanksgiving, DEFINITELY, because it's about thanks and giving. Plus you get a lot of food and it's delicious. You see all your family and we always have a bunch of people over at our house. And you can thank the Lord for everything He's given you, good and bad. Oh, and the Charlie Brown Thanksgiving. And you get time off of school.

MS: Describe yourself in three words.

KA: Silly (that's a good one), glücklich (which means happy), and ponderous.

MS: If you could meet any celebrity, who would it be?

KA: Steve Carell, because he is hilarious and he's my hero and he's from The Office. And I think I can be like him sometimes.

MS: What is one talent that you wish you had?

KA: I wish I could roll my tongue. I can't do it.

MS: Why do you love to sit in the front of the class so much?

KA: Because otherwise, if you sit in the back it's hard to pay attention. If you sit in the front you hear everything the teacher says and you won't fall asleep even though I've never, EVER fallen asleep in class. Then also, you don't have to stare at the back of people's heads. And if you turn around you see the whole class and it's like you're a teacher. Plus, profs don't look at the very front row.

Kelsey's Favorites

Dessert: Eclair- graham crackers, vanilla pudding with whipped cream, and chocolate frosting

Class: Biology with the girls. Fun times.

Movie: *The Notebook*

Composer: George Friedrich Handel

Office character: Dwight

Christmas carol: "God Rest Ye Merry Gentlemen"

Store: Target

Dillard moment: (interjection by Jenny: "Hey that's my question!") The time he told me it was gross that I shaved my legs.

APPLE ANTICS

By: Melanie Hallstein

Over the course of this school year I've developed an addiction. It's not a *bad* addiction though, like candy or pop (both of which I also have). It's called apple antics. It's taken over my life! You know... An obsession. You've probably seen me snacking on apples during or after meals, munching during the day, and between classes. Well, at least I can ADMIT my addiction. I'm a step closer to recovery. I'm promoting them – so bear with me for a bit!

Where do I start? I'd like to inform you on some great advantages to choosing the apple. First of all, they are

a GREAT source of fiber. Each apple has about 3-5 grams of dietary fiber, depending on the type you choose. That's about 15-25% of your daily intake! And fiber speeds up your metabolism, boosts your energy, and keeps you *full for longer*. Plus apples are a fair source of antioxidants which help prevent cancer, aging, and heart disease. They also contain Vitamin C, Vitamin A, Potassium, and other impor-



tant nutrients your body needs to carry out functions throughout the course of the day. Apples contain only about 60-80 calories each! So... If you want to drop a couple pounds, just consider them! Personally, I eat the whole thing. Most people stop at the core, but I eat the entire apple - the base, the seeds, sometimes even the stem. But don't apple seeds contain poison? Yes, it's true - they have a bit of cyanide in them, but not a serious amount. At least, not enough to kill you... For all those wondering - no, an apple tree won't grow in my stomach! So, munch on, apple lovers! More power to you! Stand out, and let everyone else know YOUR personal view on this wonderful fruit. Hopefully this article informed you a bit about your health and how apples can really impact your bodily welfare.



DID YOU KNOW..
 *About 25% of the apple is AIR
 *The first nursery was opened in Flushing, New York in 1730
 *One of George Washington's (first president EVER) hobbies was tending his apple trees
 *They can be as small as a cherry or as large as a grapefruit!
 *The largest apple weighed over 3 lbs.
 *The science of apple growing is called "pomology"
 *Apples belong to the rose family

SENIOR SPOTLIGHT: ANNA ELIZABETH SKINNER

By: Katie Oster **Katie Oster: What's your full name?**
 Anna Skinner: Anna Elizabeth Skinner
KO: Where did you grow up?
 AS: I mostly lived in Eau Claire; for a little while I lived in Minnesota. I'm proud to be a Messiah townie!
KO: Oh yeah!
KO: If you were stranded on a desert island, what three things would you take with you?
 AS: Food (mostly chocolate), Christa, and probably pop.
KO: If you could have a superpower, what would it be?
 AS: I would want Storm's power from X-men, to control the weather. I don't know what I'd do with it,

but I've always wanted to be like her.
KO: Describe yourself in one word.
 AS: Shy.
KO: How have you changed since freshmen year?
 AS: I've tried to communicate more with my class and I've become more outgoing. It all just goes by so fast.
KO: Do you have any special memories from high school?
 AS: Spending time with Christa is a memory in itself. The hayrides were always fun, working in the kitchen, and the girls' football game.
KO: What are your plans for the future?
 AS: I want to get married, have kids, and hopefully become a kindergarten teacher.
KO: What are you going to miss about ILC?
 AS: Seeing my friends every day, some of my teachers and their classes, especially Prof. Reim's music classes.
KO: Tell me something about yourself that most people don't know.

AS: Oh, that's a tough one...um...I'm really into Stephen King. I don't think most people know that.
KO: Do you have any words of advice?
 AS: Stay on task with your work, work ahead and don't procrastinate, otherwise it'll lead to some late nights.
KO: If you could spend a day with three people dead or alive who would they be and why?
 AS: Stephen King, he's my favorite author. Evan Lysaceh because he is hot. I would take Christa with me to meet them.



Anna's Favorites

Meal at School: Anything with salad...probably chicken quesadillas.
Class: History with Prof. Kranz
Band: Lone Star
Movie: Chick flicks, and *Phantom of the Opera*. It's a classic.
Bible Passage: Joshua 1:9
Holiday: Christmas, because I like all the family time spent together.

EDITORIAL

By: Megan Schierenbeck

Winter-especially that golden age between Thanksgiving and December 25-brings out some of the best music. Of course I am talking about Christmas carols, but there are plenty of other songs that are great to listen to when there's a snowstorm raging outside your window. One such song that I like is entitled "Love in a Coffee Shop," by Landon Fig. The reason that this song is so nice for cold weather is because it

reminds me of my love *for* coffee shops. There's something about the elaborate drink menu (white chocolate mocha, white chocolate caramel, vanilla bean mocha twist, and all available with a shot of espresso!), the little cardboard sleeves around your coffee cup, and of course, the coffee aroma that hangs around the building like a cloud. Even if you're not a coffee drinker, there seems to be something for everyone to sip. Frozen delights, tea, hot chocolate, are all included. Recently, Starbucks began selling its holiday drinks, which include such wonderful concoctions as a Peppermint Mocha Twist or an Eggnog Latte. So, as the weather gets chillier and chillier, I recommend warming up with some great Christmas melodies and a steaming cup of your favorite drink.



THE RECESSION

By: Nate Rehm

As you probably know, our nation's economy has been wildly unstable in recent weeks. October broke both good and bad records. Many consecutive days of news stories focused on the banks' problems caused by irresponsible loans, the factor many people blame for the current recession. But what does this have to do with high school studies? Well, I hope to point to a few ways the recession affects us. As I mentioned, the blame for your economy's recession mainly falls on greedy banks making their illogical loans. When many of these loans (given to people with bad credit) couldn't be paid, banks such as Merrill Lynch lost so much money that they went bankrupt. These loan troubles have caused banks to stop lending to one another and to anyone else. Because of this, soon-to-be high school graduates may experience trouble getting loans for college in the near future. Unemployment will also go up in the coming months and perhaps years, so young people will probably lose job opportunities. As the economy declines, businesses will have a hard time producing products in the first place because banks won't give out loans needed to pay for production. So that companies come out even, employees will lose jobs. At this time, the unemployment rate is 6.1%. According to *Newsweek*, some economists believe this number could reach 8%. As unemployment rises, workers without jobs will inevitably settle for jobs young people now can usually fill. Fewer jobs will be available to us then. The United States' government has spent a lot of money to help the situation. To keep several banks from bankruptcy, Congress passed bills which gave them

enough money to avoid going under. The rescue of banks such as Bear Stearns in March, along with the more recent \$700 billion bailout, cause economists to predict that the governments' current \$455 billion deficit may rise to \$1 trillion in 2009, as said by *Newsweek*. Since we can't just let this deficit grow forever, it sooner or later must be paid, and all signs point to that happening later. In other words, this huge hole of tax-debt today's adults are digging is where our generation will be left to climb out of. As we can see, this recession presents us with some obstacles to overcome. These obstacles shouldn't be ignored, but taken as warnings. At the same time, there is no reason to worry ourselves over such matters, since God is in control. It is our responsibility to listen to these warnings and prepare for whatever may come next.

Recession vs. Depression

Perhaps you have heard some people talk about our economy being in a recession. What's the difference between a recession and a depression?

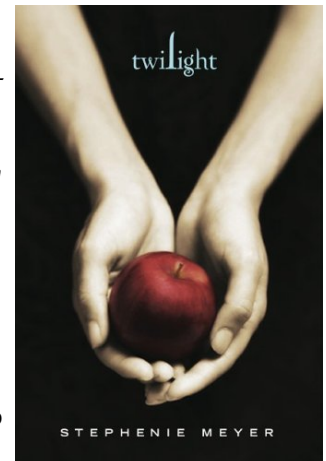
recession- an *extended, moderate decline* in general business activity

depression- a period of *drastic decline* in an economy

TWILIGHT

By: Jo Thierer

This past Friday the new movie *Twilight* came out. This movie is made after the first of four series books ("Twilight," "New Moon," "Eclipse" and "Breaking Dawn") by Stephenie Meyer. This series of books is all about a young girl who moves back to Forks to live with her dad. She falls in love with a boy who turns out to be more than she expected. Edward, a 17 year old vampire, who has actually been 17 for over 200 years, can not leave Bella's side and feels the need to protect her. There is no need to read the books before seeing this movie, but I do recommend reading them anyways. They may look long, but they are an easy and enjoyable read. Ask any of the girls in the dorm! Also, boys, don't be driven away; you may like them too. I just happened to have run into a man the other week at a gas station who was reading the first book. He told me his daughter was making him read them, but he said that after he started he just couldn't put it down. That could be you boys! I was a bit skeptical about the movie because I wasn't sure that they would do a good job portraying everything in the



book. However, it went better than could be expected. They did a pretty good job portraying Edward and his family as vampires with their pale faces, red lips, and glowing eyes. I don't want to give any more of the movie away, so go see it yourself or read the books. You won't be disappointed. I give this movie eight stars out of ten.

MEET THE FRESHMAN

Joe Oster

Until the age of four, "Taz" spoke only in a language consisting of series of grunts. He also earned his nickname by way of his behavior and a brown Tasmanian Devil blanket which rarely left his side. He loved being outside, swimming, fishing, camping, soccer and eating dirt by the handful. He would sit in the garden and dig in – both literally and figuratively. (We think he may have gotten into an area with a high concentration of Miracle Grow at least once.) He was a dinosaur freak and enjoyed playing Man Eating Dinosaurs vs. The Barbie Colony with Katie.

Jordan Pansch

Jordan Pansch was born on June 1, 1994, and has lived with his parents, Gary and Deb, and older sister Noelle, in the small town of Harwood, North Dakota, all his life. He showed his disposition quite early in life being a very colicky baby. We burned out multiple vacuum cleaner belts in his young life, since hearing that noise seemed to be the only thing that would calm him down. He's always liked building things, whether it be with Legos, or K-nex, or model cars and motorcycles, and still has a collection of most of his projects collecting dust around his room. He used to play piano up until this year, and now is concentrating on the guitar. He enjoys going to the lake to jet ski and wake board. His favorite sports are basketball and baseball. He's a little into hunting and fishing, but not nearly as much as his dad, and would rather sit in front of a computer and play games.

Nick Naumann

Nick Naumann is a young man who likes guns, guitars and classic rock music. His flaming red hair grows about an inch a day, which is good, because he's going to need it to keep his head warm. Hailing as he does from western Washington, young Nick hasn't got the first idea how cold a Wisconsin winter

can be. ("Mr. Naumann? My name's Frost. Jack Frost.") When Nick was six, his dad took him to the Western Washington State Fair. From a distance they watched the signature ride of the fair, The Human Catapult, in which two people are seated in a giant slingshot five stories high, and then launched into the air, only to be arrested and pulled back by bungee cords. From where they stood, they couldn't see very clearly, but they could hear the yelling. Nick watched thoughtfully as several couples were launched screaming into the air. "Hey Dad," Nick said finally, "where do those people LAND?"

Zoe Sippert

Birthday: April 1, 1994 Zoe was born on a Good Friday (she came early and people thought we might be pulling an April Fools' joke when we called with the news)

Baptized: April 3, 1994 (on Easter Sunday--sponsors Jennifer and Dan Noeldner)

Sibling to: Gunnard--9 and Senja--4

Confirmed: May 18, 2007

Zoe has played sports and been active from a very early age. She grew up hanging out with our next door neighbor boys, Daniel and Ethan, and did everything they did. Zoe has played on organized soccer (indoor and outdoor), softball and basketball teams. Her gym teacher tried to convince her to play volleyball in 7th and 8th grade, too. Volleyball finally happened in 9th grade. Basketball is by far her favorite. She also likes to swim and is interested in golf (mostly mini-golf at this point). She's a huge sports fan and cheers for the Broncos and Vikings when it comes to football. Living in the heart of Packer country can be trying for a Viking fan--Zoe gets a bit frustrated with the year round newspaper coverage of Packer happenings. She also loves the Twins. Her dad has definitely influenced her with his Minnesota origin. Zoe is a wonderful big sister. She's patient and kind to both of her siblings. Gun and Senja miss her immensely. She plays catch and talks sports with Gun and even tolerates Senja's love of all things princess. Zoe is tight with her cousins on both the Sippert and Laakaniemi side of the family (14 in all). We look forward to the Sippert reunion every other summer (we're on for this summer). Her closest friend at home is Christina. Christina's family lives right in our neighborhood. They've been friends since kindergarten--we jokingly call Christina our fourth child. Zoe cannot wait to drive and is counting down the days until drivers' ed. starts. She might even be able to get into a class at the local high school this summer. When Zoe is home from school she volunteers in her mom's classroom. She's got celebrity status with the first graders. They want her to come back to help with their work over Christmas break. Last time she was home, Zoe listened to all of the students count by 2's and 5's--pretty exciting stuff. When Zoe was three she choked on a hot dog during lunchtime at school. Her teachers acted quickly and saved her life. She was driven by ambulance to the hospital and then "flight for life" to Children's Hospital be-

cause it appeared as though she'd aspirated on the food and it was lodged in her lung. She had exploratory surgery. They found everything okay and she went home the same night. (She did get some cool new Mickey Mouse jammies from grandma out of the whole deal).

Jacob Sydow

You probably wouldn't have guessed but Jacob Sydow was born a scrawny little baby and was literally nothing but skin and bones until he was 7 months old. At 7 months, he had open-heart surgery to patch a hole about the size of a pea between the ventricle chambers of his heart. If you have ever see him without his shirt on, the scar from the surgery is still visible. His parents were very thankful that this surgery was successful. Now his parents would just be thankful if they didn't see his name in the bulletin every week for being tardy to a class.

BASKETBALL

By: Carl Reim

As we all know, the girls' volleyball had a tremendous year. Their season ended with a conference and regional championship. The boys cross country team also had a good season as they won conference for the ninth year in a row. But our attention will soon be turned to a new season. This long grueling season will be full of sweat, floor burns, and maybe even some tears. That's right, basketball season is just around the corner. Official practices for boys don't start until the 17th of November, but open-gyms have already been scheduled. Last year, the boys varsity team finished the regular season with a record of 12 wins and 8 loses and made it to the second round of regionals. We lost two second team all-conference players (Ben Blue and Nathan Noeldner), but we still have four returning varsity seniors: Tom Albrecht, Tom Naumann, Andy Sydow, and Matthew Kranz. I decided to talk to a couple of them about their perspective on the up-coming season and what they want the fans to expect from the team this year.

Tom Naumann: "I'm pretty excited about this year. I remember being a freshman and we were a pretty ragtag group. We really had a lot of work to do on our fundamentals. We have developed a lot through the years and we have a lot of good juniors coming up on varsity. We are going to be big this year. Almost all of us are over 6 foot, minus Kranz. Just kidding Kranz, your speed makes up for your lack of height. I think conference is ripe for the picking and I hope the fans will be there all the way for us."

Andy Sydow: "Looking forward to a good season. I think we got a seller line-up this year. We got four returning varsity players which should stabilize the team. Expecting to win regionals and advancing far into the tournament. Looking forward to a lot of fan support. Fans should expect an action packed year full of thrills, spills, and skills."

I also asked Prof. Lau (assistant varsity coach) some of the same questions. Here's what he had to say: "I think people's expectations might be down because of the players we've lost, but with consistent guard play we can hold our own in conference. I am hoping and expecting that we can play well with these teams. Cochrane Fountain City is now in the Small Dairyland Conference instead of Eleva-Strum."

I also asked him about how the loss of Luke Schaser will affect the team: "It's hard to say how Schaser would be on varsity but we will have to find other people to score. Last year Ben and Nathan had over 50% of the points. Maybe scoring will be more evened out this year. Also, much of our success this year will depend on the commitment of our stats girls."

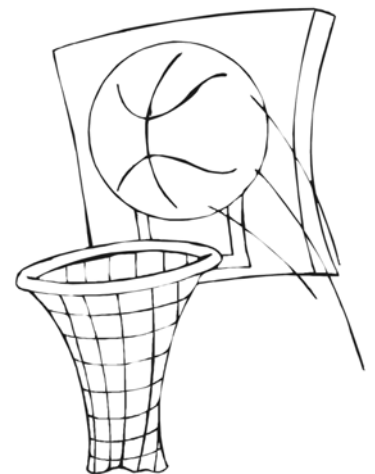
For many of us, this is the start to another basketball season with lots of new goals, but even more hard work. But, there are some of us who will be entering their first season of high school basketball. Many freshmen will be stepping onto a new court, hoping to show us what they've got. Here are some of them talking about what they are excited for this season.

Matt Vandever: "Looking forward to stuffing people, also the short shorts. I'm excited about playing one step up here in high school."

Ben Mueller: "Looking forward to playing on a team again after not playing for a while. I guess I don't really care what team I'm on. I just really want to try hard and have fun."

Sam Naumann: "Getting better training and better coaching than I've had before."

Of course, it won't be long before we will be able to see first hand how all of the teams will do this year. All we can do now is work hard and pray to our Lord that everything will go well for us without any more injuries.



SENIOR SPOTLIGHT: ROSS CURTIS KOK

By: Jenny Squires and Jo Thierer

Full name?

“Ross Curtis Kok.”

Where were you born and raised?

“I was born in Wisconsin and raised in Wisconsin, right outside of Friesland.”

Who was your childhood role model?

“That’s a tricky one. I’d have to say Spider-Man and Brett Favre.”

Who is your role model now?

“Well, my top three would be Jesus, Jim Carrey and Brett Favre.”

If you could raise three people from the dead and have dinner with them who would it be and why?

“Chris Farley, Lee Harvey Oswald, and Mr. President Ronald Reagan.”

What is your favorite Saturday Night Live sketch and why?

“I’m going to have to go with ‘More Cowbell’ just because it’s got a lot of meaning to me. I’ve been there, done that.”

What are some of your most memorable high school moments?

“Andy and the creek vine. Almost falling off the stone cliffs, a crystalizing moment in my life. Hitting myself in the face with a baseball bat. The time Schaller and I walked 10.4 miles. And the first ever

floor to floor x-bombing.”

What was one of your favorite things that you did on a weekend here?

“The best weekend ever is when we went to Nick’s cabin.”

Where did you get your great story telling skills from?

“Probably from my dad; he’s been known to show up and entertain people who don’t even know him.”

If you could have any roommate in the world who would it be?

“Jim Carrey.”

What is your favorite Disney movie?

“When I was young it was always Aladdin but I’ve come to the realization that my former second favorite, *The Lion King* is actually better. Also *The Goofy Movie* is awesome.”

Do you have any words of wisdom to share with us?

“I have lots of these, let me think about it. I will tell you what my dad told me a lot when I was younger.

- Don’t take any wooden nickels
- Don’t pee against the wind
- Never ever pick a fight with Chuck Norris



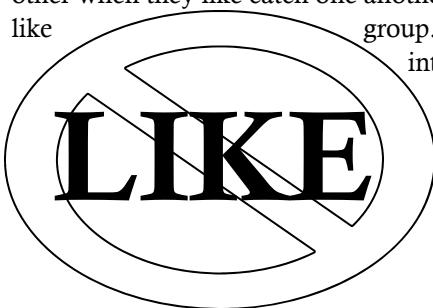
Ross’s Favorites

Movie: *Lord of the Rings* and *Dumb and Dumber*
 Actor: Jim Carrey
 TV Show: “Lost”, “The Simpsons”, and “The Office.”
 Drink: Slushie
 Restaurant: Bubba Gump Shrimp Co.
 Band: Pearl Jam
 Class: Study Hall
 Dillard Moment: When he sneezed on Lauren on the first day of school

LIKE IT OR LIKE NOT

By: Prof. J. Lau

So I was like trying to like come up with a way to like address our student body about an issue that’s like been on my mind over the past like ten years. As an English teacher, I feel like I should like do something to help my students like get over the habit of using um like filler words in their like speaking. Although it is noticeable in the classroom, it is like much more obvious in like social situations. I am most keenly aware of this “like” problem when like listening to like conversations on bus rides to away games. It’s almost like there are no like conversations taking place without like, yuh know, a lot of likes. In order to like make any progress in addressing this like problem, those involved must like want to like change. For those like wanting to change, perhaps a like um like a like support group could work. Those involved could like remind each other when they like catch one another like using excess like words. I’d be like willing to be the like faculty adviser of such like group. Know what I’m sayin’? Please, um contact me if this is like something you’d be like interested in. Like, yuh know, whatever.



Happy Thanks-giving on behalf of The Flash!



Flash Credits

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Thanks also to all the parents who contributed to this issue's Meet the Freshmen article!

